Concurrent administration of methanolic extract of *Zingiber officinale* Roscoe (Zingiberales: Zingiberaceae) and diminazene aceturate enhanced survival rate and reduced parasitaemia in experimental murine *Trypanosoma brucei* Plimmer & Bradford, 1899 (Kinetoplastea: Trypanosomatida) infection

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**Abstract.** The efficacy of concurrent diminazene and *Zingiber officinale* Roscoe (Zingiberales: Zingiberaceae) extract in murine *Trypanosoma brucei* Plimmer & Bradford, 1899 (Kinetoplastea: Trypanosomatida) infection was evaluated. Two infected groups were treated with extract at 400 mg.kg⁻¹ (G1) and 800 mg.kg⁻¹ (G2) alone while another two groups received 400 mg.kg⁻¹ (GD1) and 800 mg.kg⁻¹ (GD2) of extract concurrently with diminazene 3.5 mg.kg⁻¹intraperitoneally. One infected group received diminazene 3.5 mg.kg⁻¹ only (D) while another received 1 mg.kg⁻¹ Tween 80 (C1) orally. The seventh group was uninfected and untreated (C2). Survival rates were 0% in C1, G1 and G2, 20% in D, 40% in GD1, 60% in GD1 and 100% in C2. Animals in groups G1, G2 and C1 died between 6 and 8 days pt. Parasitemia levels were significantly (P < 0.05) higher in D1 than in GD1 and GD2 by day 16 post treatment. PCV and RBC counts were significantly (P < 0.05) lower in GD1, GD2 and D than in C2. Liver and spleen weights increased significantly (P < 0.05) due to infection and never fully recovered in all treatment options. Ginger (*Z. officinale*) extract enhanced diminazene efficacy by increasing survival rates and lowering parasitemia.

**Keywords:** Diminazene; Ginger; Trypanosome; Survivability; Parasitemia; Haematology; Murine.

**Introduction**

The scourge of African Animal Trypanosomosis (AAT), a disease complex (Onyiah, 1997) which has largely be responsible for poor livestock production in endemic areas like Nigeria (ILRI, 2008), is a continual problem for which no adequate control measures exist in spite of the efforts and resources
expended on its study. Currently, the major means of controlling the disease relies on the use of few aged trypanocides which cause severe toxicity and to which parasite resistance is widespread. The impetus to develop new drugs is not high when one considers the cost of developing new drugs vis-a-vis the economic power of the countries where trypanosomosis is endemic. However, efforts have been made by several researchers to elucidate how these old trypanocides can be made to perform better in the absence of new drugs. Several measures have been adopted. One of these is the administration of a trypanocide concurrently with antioxidants. Results from studies on the combination of antioxidants with diminazene strongly suggest that diminazene efficacy is enhanced when combined with antioxidants (Eghianruwa et al., 2009; Eghianruwa and Anika, 2010). It has also been reported that methanolic extract of *Azadirachta indica* enhanced the efficacy of diminazene (Omoja et al., 2011). Reports of plants with antitrypanosomal actions abound in literature (Adeiza et al., 2010; Ogbadoyi et al., 2011; Omoga et al., 2011; Kobo et al., 2014). Nigeria’s rich biodiversity endows her with potentials of medicinal plants against several diseases. Therefore resorting to nature for control of the constant threat of trypanosomosis outbreak may be prudent.

The rhizome of *Zingiber officinale* Roscoe (Zingiberales: Zingiberaceae), often called ginger, is endowed with medicinal properties apart from its nutritional and culinary values due to its numerous pharmacological actions (Stohs and Hartman, 2015). Ginger has anti-inflammatory (Grant and Lutz, 2000; Grzanna et al., 2005; Shimoda et al., 2009; Naderi et al., 2015), analgesic (Raji et al., 2002), anticancer (Surh et al., 1999), antidiabetic (Akhani et al., 2004), antioxidant (Shirin and Prakash, 2010; Mashhadi et al., 2013), anthelmintic (Lin et al., 2010), antiemetic (Blumenthal, 2003; Vutyavanich et al., 2001; Haniadka et al., 2013), immunomodulatory (Lumb, 1994; Chang et al., 1995; Carrasco et al., 2009; Mojani et al., 2014), antimicrobial (Omoya and Akharaiyi, 2011) and nephroprotective (Ajith et al., 2007) properties. Its antitrypanosomal action has also been reported (Kobo et al., 2014).

There has been deep focus on the antitrypanosomal properties of plants. Little work has been done to elucidate the efficacy of trypanocide/plant product combination. Therefore, there are few data in literature on the use of the established trypanocides in combination with natural products to enhance the efficacy of the trypanocides. It is our opinion that systematic search for natural products with trypanocidal and/or immunostimulant actions which can function in synergy with the aged trypanocides may be a cost effective and readily available tool in the treatment of trypanosomosis in the absence of new drugs.

**Materials and methods**

**Plant materials and extract preparation**

Fresh *Zingiber officinale* rhizomes were obtained in July, 2017 from a market in Ibadan, Southwestern Nigeria and were identified and authenticated at the herbarium of the Department of Botany, University of Ibadan, where voucher specimen (UIH 22484) was deposited for reference purposes. Following identification, 200 g of the rhizome were cleaned with water and crushed in a mortar and pestle. The mash was soaked in a percolator with analytical grade of methanol (Aldrich) at a ratio of 1:3 (plant:methanol) for 48 h. Thereafter, the mixture was filtered and 60% of the initial volume of methanol was further added to the extract and allowed to stand for 24 h. The extract was then concentrated *in vacuo* at 50 °C-55 °C. The dried extract was dissolved in Tween 80 for the study.
Experimental animals, trypanosomes and infection procedure

Albino rats of Wistar strain, mixed sexes and weighing 120-150g were used in this study. They were obtained from the Experimental Animal house of the Faculty of Veterinary Medicine, University of Ibadan, and housed in standard rat cages with white plastic solid bottom and wire tops. Wood shavings were used as beddings. The cages were accommodated in a well-ventilated fly proof house. Animals were humanely cared for in compliance with The Principles of Laboratory Animal Care. The institution's ethics committee approved and monitored the protocol. Animals were fed ad libitum with commercially formulated 8 mm pelletized mouse cubes (Ladokun Feeds, Ibadan). Water was provided ad libitum using plastic bottles equipped with sipper tubes. Excess feed and water were removed and replaced with fresh ones daily.

Animals were allowed to acclimatize for two weeks before the experiment commenced. Infection was with *Trypanosoma brucei brucei* (Strain TRIUN 0814) which was isolated from a pig at the University of Nigeria Veterinary Teaching Hospital, Nsukka, Nigeria, in 2014, and has since been maintained by serial passages in laboratory albino rats. Rats were infected by intraperitoneal infected with *T. brucei brucei* (1.6 x 10^6 trypanosomes) as earlier described (Eghianruwa et al., 2009).

Experimental design

Seven groups of rats were constituted and treated as follows:

- G1 = 400 mg.kg⁻¹ ginger extract.
- G2 = 800 mg.kg⁻¹ ginger extract.
- GD1 = 400 mg.kg⁻¹ ginger extract + diminazene aceturate 3.5 mg.kg⁻¹.
- GD2 = 800 mg.kg⁻¹ ginger extract + diminazene aceturate 3.5 mg.kg⁻¹.
- D = infected and treated with diminazene aceturate 3.5 mg.kg⁻¹ alone on day 5 pi.
- C1 = infected and treated with Tween 80 at 1 mL/kg alone on day 5 pi.
- C2 = uninfected control.

Each group contained 11 rats. On each of days 1 and 5 pi (post infection), three rats from each group were sacrificed while the surviving animals in groups GD1, GD2, GD3, and D were scarified on day 21 pi to obtain blood and organ samples. The doses of the extract were chosen from literature (Kobo et al., 2014).

Treatment with ginger

Groups G1 and G2 were treated daily per os from day 5 pi with the methanolic extract of ginger at graded doses of 400 mg.kg⁻¹ and 800 mg.kg⁻¹, respectively, while Groups GD1 and GD2 received a combination of single dose of diminazene aceturate intraperitoneally (3.5 mg.kg⁻¹) on day 5 post infection with daily graded doses of 400 mg.kg⁻¹ and 800 mg.kg⁻¹, respectively, of the methanolic extract of *Zingiber officinale* for 14 days beginning from day 5 pi.

Assessment of therapeutic activity

The following parameters were evaluated: liver and spleen weights as percentages of body weight, survival rate as percent of surviving animals, parasitaemia and haematological indices (PCV, Hb and Rbc).

Liver and spleen weights as well as haematological parameters were evaluated as earlier described (Eghianruwa et al., 2009) before infection, day 5 and day 21 pi. Parasitaemia was monitored on days 1, 5, 9 pi and every other day after day 9 till day 21 pi using the method of Herbert and Lumsden, (1976).

Statistical analysis

Data obtained were expressed as mean ± standard deviation (SD). The
differences in the means of all parameters were analysed statistically with Instat® software (GraphPad Inc., USA) using one-way analysis of variance (ANOVA). Statistical estimates were made at confidence interval of 95%. Probability values less or equal to 0.05 ($p \leq 0.05$) were considered significant.

**Results**

**Treatment effects on survivability**

Survival rates were 100% in all groups from day 1 to 6 pi. Deaths were recorded at different rates in all infected groups from day 6 pi. All animals in group C1 died by day 9 pi while those in G1, G2 died by day 10 pi [day 5 post treatment (pt)]. By day 21 pi the survival rates in the groups were 0% in C1, G1 and G2; 20% in D; 40% in GD2; 60% in GD1 and 100% in C2 (Figure 1). Ginger alone did not protect the rats but a combination of ginger and diminazene gave better protection than diminazene alone. Increase in the dose of ginger from 400 mg.kg$^{-1}$ to 800 mg.kg$^{-1}$ in the combination with diminazene resulted in lower number of survivors.

![Figure 1](image.png)

*Figure 1.* Survival rate chart of rats infected with *T. brucei* and treated with Diminazene with and without graded doses of methanolic extract of *Zingiber officinale* (ginger) rhizome. G1 = (400 mg/kg ginger extract), G2 = (800 mg/kg ginger extract), G3 = (1000 mg/kg ginger extract), GD1 = (400 mg/kg ginger extract + Diminazene aceturate 3.5 mg/kg), GD2 = (800 mg/kg ginger extract + Diminazene aceturate 3.5 mg/kg), GD3 = (1000 mg/kg ginger extract + Diminazene aceturate 3.5 mg/kg), D = (infected and treated with Diminazene aceturate 3.5 mg/kg alone), C1 = (infected and treated with Tween 80 @ 1 mL/kg alone), C2 = (uninfected control).
Ginger improved efficacy of diminazene in *T. brucei* infection

**Parasitaemia**
Prepatent period was 3 days. Following treatment on day 5 pi, parasitaemia dropped to the lowest levels after 4 days in all groups except GD1 in which parasitemia experienced the greatest fluctuation (Figure 2). No treatment option was able to completely clear the parasites. By day 21 pi (day 16 pt), parasitemia levels were significantly (P < 0.05) higher in D1 than GD1 and GD2 whereas there was no significant (P > 0.05) difference in the parasitemia levels in GD1 and GD2.

![Figure 2](image.png)

**Figure 2.** Parasitaemia levels in rats infected with *T. brucei* and treated with Diminazene alone and with graded doses of methanolic extract of *Zingiber officinale* (ginger) rhizome. G1 = (400 mg/kg ginger extract), G2 = (800 mg/kg ginger extract), G3 = (1000 mg/kg ginger extract), GD1 = (400 mg/kg ginger extract + Diminazene aceturate 3.5 mg/kg), GD2 = (800 mg/kg ginger extract + Diminazene aceturate 3.5 mg/kg), GD3 = (1000 mg/kg ginger extract + Diminazene aceturate 3.5 mg/kg), D = (infected and treated with Diminazene aceturate 3.5 mg/kg alone), C1 = (infected and treated with Tween 80 @ 1 ml/kg alone), C2 = (uninfected control).

**Treatment effects on haematological indices**
Five days after the infection, significantly (P < 0.05) lower values of PCV, Hb and RBC were recorded in all groups (Table 1). By day 21 pi (day 16 pt) the PCV value in GD1 was not significantly (P > 0.05) lower than normal but the Rbc value was not significantly (P > 0.05) lower than the value on day 5 pi (day 1 pt) but was significantly (P < 0.05) lower than normal. The Hb value of the group was comparable to the value on day 5 pi. In contrast, the PCV, RBC and Hb values in GD2 and D on day 21 pi were significantly (P < 0.05) less than normal but were comparable to one another. The values of these parameters remained within their normal ranges in group C2.

Table 1. Haematological parameters in *T. b. brucei* infection treated with diminazene with or without grades doses of *Zingiber officinale* extract.

<table>
<thead>
<tr>
<th>Days post infection</th>
<th>Parameter</th>
<th>GI</th>
<th>G2</th>
<th>GD1</th>
<th>GD2</th>
<th>D</th>
<th>C1</th>
<th>C2</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>PCV (%)</td>
<td>53.0 ± 1.06</td>
<td>54.0 ± 2.73</td>
<td>51.2 ± 2.20</td>
<td>50.6 ± 2.54</td>
<td>55.0 ± 2.51</td>
<td>56.5 ± 2.9</td>
<td>54.0 ± 2.54</td>
</tr>
<tr>
<td>1</td>
<td>RBC (10^6/μl)</td>
<td>5.61 ± 0.65</td>
<td>5.45 ± 0.45</td>
<td>5.87 ± 0.49</td>
<td>4.91 ± 0.71</td>
<td>5.27 ± 0.39</td>
<td>5.30 ± 0.20</td>
<td>5.39 ± 0.49</td>
</tr>
<tr>
<td></td>
<td>Hb (g/dl)</td>
<td>12.8 ± 0.73</td>
<td>11.89 ± 0.65</td>
<td>12.76 ± 0.43</td>
<td>11.8 ± 0.73</td>
<td>12.45 ± 0.42</td>
<td>11.91 ± 0.17</td>
<td>12.80 ± 0.80</td>
</tr>
</tbody>
</table>

* = Significant difference (P<0.05) compared to the previous data in the same group; § = Significant difference (P<0.05) compared to C2; * = Significant difference (P<0.05) compared to D; GI - (400 mg/kg *Zingiber officinale* extract), G2 - (800 mg/kg *Zingiber officinale* extract), GB1 - (400 mg/kg *Zingiber officinale* extract + Diminazene aceturate 3.5 mg/kg), GB2 - (800 mg/kg *Zingiber officinale* extract + Diminazene aceturate 3.5 mg/kg), D - (3.5 mg/kg diminazene), C1 - (1 mg/kg Teem 80); C2 (uninfected).

**Treatment effects on organ weights**

There were significant increases in liver and spleen weights on day 5 pi (Table 2). The weights of these organs were unchanged in C2 (uninfected). Sixteen days after treatment (21 days after infection) spleen weights in GD1 and GD2 were significantly (P < 0.05) lower than the corresponding values on the day of treatment (DOT; day 5pi). However, spleen weight was lower in group D on day 16 pt than on DOT but the difference was statistically insignificant (P > 0.05). The values of liver weight in GD, GD2 and D were significantly less (P < 0.01) less than the values on DOT. Thus, liver weights never returned to their normal values in all treatment groups.

Table 2. Liver and spleen weights in *T. b. brucei* infected rats treated with diminazene with and without *Zingiber officinale* extract.

<table>
<thead>
<tr>
<th>Group</th>
<th>Liver weight (% BW) (Mean ± SD)</th>
<th>Spleen weight (% BW) (Mean ± SD)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Days post infection</td>
<td>Days post infection</td>
</tr>
<tr>
<td>C1</td>
<td>3.45 ± 0.23</td>
<td>3.54 ± 0.45</td>
</tr>
<tr>
<td>C2 (Uninfected)</td>
<td>3.55 ± 0.33</td>
<td>3.27 ± 0.35</td>
</tr>
<tr>
<td>G1</td>
<td>3.49 ± 0.21</td>
<td>4.96 ± 0.66</td>
</tr>
<tr>
<td>G2</td>
<td>3.61 ± 0.40</td>
<td>5.05 ± 0.81</td>
</tr>
<tr>
<td>D</td>
<td>3.58 ± 0.42</td>
<td>5.73 ± 0.92</td>
</tr>
<tr>
<td>GD1</td>
<td>3.47 ± 0.11</td>
<td>5.24 ± 0.25</td>
</tr>
<tr>
<td>GD2</td>
<td>3.38 ± 0.32</td>
<td>5.22 ± 1.13</td>
</tr>
</tbody>
</table>

DOT = Day of treatment; NA = Not applicable because there were no survivors; * significantly different from values on day 1 (P < 0.05); † Significantly different from values on day 5 pi (P < 0.05); ‡ Significantly different from day 5pi (P < 0.05); GI - (400 mg/kg *Zingiber officinale* extract), G2 - (800 mg/kg *Zingiber officinale* extract), GB1 - (400 mg/kg *Zingiber officinale* extract + Diminazene aceturate 3.5 mg/kg), GB2 - (800 mg/kg *Zingiber officinale* extract + Diminazene aceturate 3.5 mg/kg), D - (3.5 mg/kg diminazene), C1 - (1 mg/kg Teem 80); C2 (uninfected).
**Discussion**

Results from this study revealed improved survival rate following the concurrent administration of oral daily doses of 400 mg.kg\(^{-1}\) and 800 mg.kg\(^{-1}\) of ginger for 14 days and 3.5 mg.kg\(^{-1}\) diminazene acetate intraperitoneally. Ascorbate and dimethyl sulphoxide (DMSO) have also been reported to enhance survival rate in diminazene treated rats infected with *T. brucei* (Eghianruwa, 2012a). These findings were attributed to the antioxidant properties of ascorbate and DMSO. There was a strong correlation between the haematological and parasitaemia values obtained in GD2 with survival rate. The survival rate in this group was 40% compared to 60% (GD1) when a lower dose of ginger was combined with diminazene. The observation is that increase in the dose of ginger resulted in reduced boost of diminazene effect. The reason(s) for this is not known. Similar observation was made with ascorbate. Increase in the dose of ascorbate from 200 mg.kg\(^{-1}\) to 400 mg.kg\(^{-1}\) resulted in reduced rate of recovery of the liver (Eghianruwa et al., 2009). This observation was thought to be associated with the report that certain antioxidants become prooxidants at high doses. This has been documented in the case of ascorbate and tocopherol (Benedich and Olson, 1989; Yu, 1994). It is not known whether this is the case with ginger even though it has been reported as having antioxidant properties (Shirin and Prakash, 2010). Eghianruwa and Anika (2012b) also observed that increase in the dose of dimethylsulfoxide from 1 g.kg\(^{-1}\) to 2 g.kg\(^{-1}\) resulted in toxicity and reduced diminazene effect.

At the end of the experiments parasitemia was lower in groups that received ginger concurrently with diminazene than in groups treated with diminazene alone. This may be attributed to the relative resistance of *T. brucei* to diminazene. Hence, diminazene is used on the field at higher doses in *T. brucei* infections (Shiferaw et al., 2015). However, the enhanced survival rate observed with concurrent administration of ginger with sub therapeutic doses of diminazene is indicative of the fact that better survival rate could be achieved when diminazene dose is increased.

The reduced haematological indices resulting from *T. brucei* infection has been severally reported (Kaikabo and Salako, 2006; Toma et al., 2008; Eghianruwa and Anika, 2011; Faremi and Ekanem, 2011). However, no treatment protocol returned the haematological indices to normal by day 21 pi or 16 days after initiation of treatment. Similarly, liver and spleen weight never return to normal under any treatment protocol. This situation may be related to the observation in this study that no treatment effectively controlled parasitemia. Hence, pathological damages caused by the parasites were continuous throughout the observation period.

Administration of ginger alone did not cure infected rats in spite of reports of its trypanocidal action (Kobo et al., 2014). Survival rates in groups that received ginger alone were zero percent even at a dose as high as 800 mg.kg\(^{-1}\). The observation from this study is not in consonant with that of (Kobo et al., 2014) who reported that administration of methanolic extract of *Z. officinale* reduced the level of parasitemia, increased body weight and survival time of mice infected with *T. brucei brucei*. Although parasitemia was lowest in the ginger groups in this study, the animals died by day 6 pt.

**Conclusion**

Most reports on antitrypanosomal actions in plants are from preliminary studies where plants were evaluated singly. This study has evaluated the influence of a plant product on diminazene efficacy. The result on improved survival is encouraging but more work needs to be
done to assess the mechanism by which ginger enhances survival rates in diminazene treated *T. brucei* infection.

**Conflict of interests**

The authors declare that there are no conflicts of interest.

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Ginger improved efficacy of diminazene in T. brucei infection


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